

Psychosexual Therapy

for individuals and couples





Psychosexual Therapy

Many of us experience sexual difficulty at some point in our lives. But help is available. Psychosexual Therapy has been around for over 40 years and is proven to be successful. Medical professionals regularly refer their patients to us.

asking for help is courageous

For some, the problem resolves itself in time; others may need additional help.

Talking about your sexual relationship may seem a little strange at first, but our Psychosexual Therapists are specially trained to help with a range of health concerns including ...

- ▶ emotional distress
- ▶ performance anxiety
- ▶ painful intercourse
- ▶ loss of desire

If you are single or in a relationship and want to know more, email or call ...

member of Relationships Scotland

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